

Your 4-Week APTIS Study Plan Resources Are Ready!

Find below:

- ✪ **1. A Sample Weekly Plan** – A step-by-step example to guide your preparation, especially useful if you're working from A1 to B1. You'll see how to divide your practice across Grammar, Reading, Listening, Writing, and Speaking.
- ✪ **2. A Blank Weekly Template** – Plan your own 4-week strategy by filling in the activities and goals that best match your level and availability. It's flexible, simple, and designed to help you stay consistent.

Whether you're just getting started or already mid-way through, these tools will help you stay focused, track progress, and prepare smarter.

SAMPLE WEEKLY PLAN

(Adapt it to your level and your personal needs)

	Week 1	Week 2	Week 3	... and beyond
GRAMMAR & VOCABULARY	<ul style="list-style-type: none"> Simple present / Present continuous Test 1 + review grammar of your mistakes 	<ul style="list-style-type: none"> Future with <i>will</i> / <i>going to</i> First conditional Test 2 + review grammar of your mistakes 	<ul style="list-style-type: none"> Simple past / <i>would</i> Repeat Test 1 and 2 with corrections + review grammar of mistakes 	<p>These are just examples. Complete the plan based on your case. You may move faster or slower depending on whether you're just starting or reviewing.</p> <p>Start with more grammar, then gradually reduce.</p> <p>This sample is aimed at someone working from A1 to B1.</p>
READING	<ul style="list-style-type: none"> Practise listening improvement techniques 	<ul style="list-style-type: none"> Practise listening improvement techniques 	<ul style="list-style-type: none"> Do a test and assess your progress 	
LISTENING	<ul style="list-style-type: none"> Parts 1 and 2 	<ul style="list-style-type: none"> Parts 2 and 3 	<ul style="list-style-type: none"> Part 3 and 4 + 1 full mock test 	
WRITING	<ul style="list-style-type: none"> Parts 1 and 2 	<ul style="list-style-type: none"> Parts 2 and 4 		
SPEAKING	<ul style="list-style-type: none"> Parts 2 and 3 	<ul style="list-style-type: none"> Parts 3 and 4 	<ul style="list-style-type: none"> Parts 2 and 4 + 1 full mock test 	

4-WEEK STUDY PLAN

	Week 1	Week 2	Week 3	Week 4
GRAMMAR & VOCABULARY				
READING				
LISTENING				
WRITING				
SPEAKING				